

Onondaga Pathways to Careers Demonstration Project at Onondaga Community College



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Welcome & Introductions

Discussants

- Nancy Carr – OPC
- Bobbi Latimer – OPC
- William Myhill - OPC

Facilitate Discussion

- Michael Morris
- Meera Adya



OPC is funded by the Office of Disability
Employment Policy, U.S. Department of Labor
Award No. OD-26453-14-75-4-36.

Others Joining Us

1. NY Community Colleges & CUNY Institutions
2. Georgia VR
3. Kentucky VR
4. Nebraska VR
5. Virginia VR
6. DEI TA Representatives
7. DEI Projects

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Agenda

- Several past sessions have addressed life-related issues regarding pathways engaged youths' significant barriers. In this session:
 - we will briefly review our journey,
 - resources and strategies that were previously shared, and
 - discuss some recent and ongoing OPC work that is relevant.
- Having discussed recruitment, retention, and youth life related challenges and strategies to resolve those, I would like to propose we move our focus in future sessions to "next phase" issues:
 - Career exploration and preparation
 - Work-based learning
 - Job-shadowing
 - Internships
 - others

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Family Engagement: Background / Recommendations

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Pathways to Careers Toolkit: Case Management

- Case Management is the responsibility for directing and managing a student's participation in the program, which typically includes non-instructional activities such as:
 - recruitment,
 - retention,
 - program component navigation,
 - life skill or life issue assistance,
 - academic, career or personal counseling,
 - financial aid guidance,
 - and other supportive services.

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Guideposts: Family Involvement

The National Collaborative on Workforce and Disability has developed the Guideposts for Success to assist with a successful transition process for youth with disabilities. The 5th Guidepost addresses family involvement and supports:

All youth need parents, families and other caring adults who:

- Have high expectations which build upon the young person's strengths, interests, and needs and fosters their ability to achieve independence and self-sufficiency;
- Are involved in their lives and assisting them toward adulthood;
- Have access to information about employment, further education, and community resources;
- Take an active role in transition planning with schools and community partners; and
- Have access to medical, professional, and peer support networks.

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Guideposts: Family Involvement

In addition, youth with disabilities need parents, families and other caring adults who:

- Have an understanding of their youth's disability and how it affects his or her education, employment, and/or daily living options;
- Have knowledge of rights and responsibilities under various disability-related legislation;
- Have knowledge of and access to programs, services, supports, and accommodations available for young people with disabilities; and
- Have an understanding of how individualized planning tools can assist youth in achieving transition goals and objectives.

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LifeCourse in Service Planning

- Charting the Life Course using the *Trajectory* to talk about someone's vision for a good life and employment goals.
- Then use the *Integrated Support Star* to identify supports required to help someone achieve their goals.
- Engage the person, their family and anyone in their support network in the process.

Resources – National Co... LifeCourse Toolkit | LifeC... Integrated-Support-Opt... Life-Trajectory-Workshee...

le://10.1.139.150/users/rsalon/Career%20Pathways%20CoP/Life-Trajectory-Worksheet-updated.pdf

Worksheet-updated.pdf 2 / 2

Developed by Missouri Family to Family at the UMKC Institute for Human Development, UCEDD | mofamilytofamily.org May 2016

CHARTING the life course

Life Trajectory Worksheet: Individual

Everyone wants a good life. The bubbles on the right will help you think about what a good life means for you or your family member, and identifying what you know you don't want. You can use the space around the arrows to think about current or needed life experiences that help point you in the direction of your good life.

VISION for a GOOD LIFE

What I DON'T Want

www.lifecoursetools.com/wp-content/uploads/STAR-worksheet-for-Employment-1.pdf

STAR-worksheet-for-Employment-1.pdf 1 / 1

Integrated Support Star

Integrated Services and Supports

People need supports to lead good lives. Using a combination of lots of different kinds of support helps to plot a trajectory toward an inclusive, quality, community life. This tool will help families and individuals think about how to work in partnership to support their vision for employment.

Technology

- Online resume builders
- iPad or smart phone
- Computer
- Online classes
- Social media to connect and search for jobs
- Apps to help learn job skills or raise skills
- Vehicle or home modifications
- Calendar to keep track of schedule
- Alarm clock or app
- Electronic reminders
- Calculator
- Direct deposit and automatic bill pay

Personal Strengths & Assets

- Has chores and responsibilities at home or school
- Sets alarm to wake up and get ready for school or work
- Knows how to access and use public transportation
- Has had summer job or other work experience
- Able to communicate needs
- Shows a desire to learn

Relationship Based

- Job shadow family member
- Spend day with friend or their college or trade school
- Ask family friends, teachers, what level of job they think you would be good at
- Start carpool or ride with
- Ask neighbors, friends or family about doing odd jobs for them
- Ask same age peers about their summer or part time jobs
- Ask friends and family about jobs or education plans after high school

Eligibility Specific

- Vocational Rehabilitation or Independent Living Center for job exploration or assistance
- Area Career Center for job interest and skill assessment
- SEP or Transition plan to learn skills and work experience
- IFIP to develop a Circle of Friends
- Agencies or providers who offer social skills classes
- Special Olympics or Challenge sports programs
- Disability specific social groups
- IDD system personal care supports
- Job coaching

Community Based

- Visit businesses to learn about jobs
- Visit colleges or technical school
- Attend career day or job fair at school or in community
- Talk to school counselor about your job interests
- Go to bank and open a student or joint bank account
- Explore local transportation options
- Learn to use public transportation
- Participate in community theater, after school clubs, sports, music, tennis/golf clubs

My Employment Goal

MISSOURI FAMILY TO FAMILY | UMCC-IHD, UCEDD

Meeting Res. x Resources - National Cor x LifeCourse Toolkit | LifeC x Integrated-Support-Opt x Life-Trajectory-Worksh x

www.lifecoursetools.com/wp-content/uploads/Integrated-Support-Options-updated-may-2016.pdf

Support-Options-updated-may-2016.pdf 1 / 2

CHARTING the life course

Integrated Services and Supports






People need supports to lead good lives. Using a combination of lots of different kinds of support helps to plot a trajectory toward an inclusive, quality, community life. This tool will help families and individuals think about how to work in partnership to support their vision for a good life.

LIFE DOMAIN	Personal Strengths & Assets	Relationship Based Supports	Technology	Community Resources	Eligibility Based Supports
<p>Employment</p> <ul style="list-style-type: none"> • Work/volunteer experience • Summer jobs • Vision or dream for job or career • Responsibilities at home or career • Makes choices and decisions • Communicates ideas, needs, thoughts to others • Knowledge of a variety of different jobs/careers • Good social skills • Practices everyday living skills 	<ul style="list-style-type: none"> • Coworkers • Parents, siblings, spouses, children, grandparents, extended family • Friends • Teacher • Mentors • Friends/Family of friends • Business partner 	<ul style="list-style-type: none"> • Electronic reminders • Alarm clock • Cell phone • Used educational/fitness skills apps • Online resume builders • Online classes or training • Internet job search • Calculator • Computer • Iphone/smart phone • iPad apps • Adapted living space • Environmental technology • Shared monitoring • iPad apps • Texting/Type • Electronic reminders 	<ul style="list-style-type: none"> • Volunteerism • Competitive employment/Careers • Colleges, universities, tech school • Micro-enterprises • Self employment • Tutor • Parent/Teacher Association (PTA) • Summer Reading Program (library) • Home Ownership • Rental home opportunities • Co-op for housing or transportation • Public transportation (Bus, train, taxi) • Universal design • Neighborhood Watch • Home Owner's Association • Food Pantries 	<ul style="list-style-type: none"> • Work crews/Inclusives • Job coaches • Supported employment • Special college programs • Social Education (SEP) • HeadStart • Vocational Rehabilitation • Case manager/support coordinator • Sheltered workshop • Day habilitation • Independent Supported Living (ISL) • Independent Living Center • Shared Living/Host Family • Institutions • Intermediate Care Facility (ICF) • Group Homes • Meals on Wheels • Section 8 Housing Vouchers • Separate or special church service • Special group outings & activities • Special Olympics • Special passes • Social skills classes 	
<p>Community Living</p> <ul style="list-style-type: none"> • Knowledge of how to navigate community • Drives, rides, taxi, car, or other public transportation • Housekeeping skills • Can prepare simple meals/snacks • Can spend time alone or away from family • Knowledge of different types of lease options 	<ul style="list-style-type: none"> • Parents, siblings, spouses, children, grandparents, extended family • Friends • Roommates • Neighbors • Same age peers (college age, aging) 	<ul style="list-style-type: none"> • Adapted living space • Environmental technology • Shared monitoring • iPad apps • Texting/Type • Electronic reminders 	<ul style="list-style-type: none"> • Home Ownership • Rental home opportunities • Co-op for housing or transportation • Public transportation (Bus, train, taxi) • Universal design • Neighborhood Watch • Home Owner's Association • Food Pantries 	<ul style="list-style-type: none"> • Independent Supported Living (ISL) • Independent Living Center • Institutions • Intermediate Care Facility (ICF) • Group Homes • Meals on Wheels • Section 8 Housing Vouchers • Separate or special church service • Special group outings & activities • Special Olympics • Special passes • Social skills classes 	
<p>Social & Spirituality</p> <ul style="list-style-type: none"> • Has hobbies and interests and needed supplies • Knowledge/experience playing games or other social activities • Outgoing, friendly personality • Understands social cues and norms • Has money/budget for social activities • Interest in/level of faith/higher power • Belongs to/has roles in a faith community • Expresses/communicates going to worship/prayers • Good conversation skills • Communicates with doctors and other medical professionals • Knowledgeable about own disability or special healthcare needs • Knows how/when to seek help for health issues • Understands changes as body becomes adult, and has used resources/healthcare • Manages (or helps manage) own medication and other healthcare needs • Understands health risks associated with smoking, drinking, drug use, unprotected sex • Knowledge and/or ability to plan/execute healthy meals, uses a healthy diet • Has health insurance • Gym membership/exercises regularly/rides bike • Medical home 	<ul style="list-style-type: none"> • Friendships • Dating/relationships • Members of your faith community • Friends of parents/siblings and other family members • People with a shared interest or hobby • Family member or school staff implement therapy • Parents, siblings, grandparents, other family members (live with meal, healthy eating, etc.) 	<ul style="list-style-type: none"> • Online social clubs • Social media (Facebook, Twitter, Instagram, Pinterest, etc) • Online games • Podcast • Texting • Fit/fitness • Chat with a nurse/nurseline • Telemedicine • Web MD • Fit-Bit/like Fuel band • Exercise equipment (in treatment) • Health/fitness apps for iPad • Smart Toothbrush 	<ul style="list-style-type: none"> • Public and Recreation • Service/social clubs/groups • Inclusive faith community • Sports teams and clubs • Freecycle • Community Centers • Churches/Places of Worship • Gym membership • Community Centers • Neighborhood (COP) Patrol • Community Health Centers • Health fairs • Family/General practice providers • Community Centers • Neighborhood pharmacy 	<ul style="list-style-type: none"> • Center-based therapies (PT, OT, Speech, etc) • Special/Institutional medical care • Home/Community based therapies • Special Olympics Health Communities Initiative • Medical home • IEP 	

Developed by Missouri Family to Family at the UMCC Institute for Human Development, UCEDD | individuals@umcc.edu

Updated 08/17/2016

CHARTING the life course

 <ul style="list-style-type: none"> Understands changes in body becomes adult, and has well worn/mem checkups Manages (or helps manage) own medications and other health care needs Understands health risks associated with smoking, drinking, drug use, unprotected sex Knowledge and/or ability to plan/execute healthy meals, eats a healthy diet Has health insurance Open membership/exercises regularly/rides bike Medical home 	<ul style="list-style-type: none"> Exercise equipment (in treadmill) Health/fitness apps for bad Smart Toothbrush 	<ul style="list-style-type: none"> Family/General practice providers YMCA Neighborhood pharmacy 	<ul style="list-style-type: none"> Medical home SNP 		
<small>Developed by Missouri Family to Family at the UMKC Institute for Human Development, LLC2020 info@familytofamily.org</small>					
<small>Updated 08/17/2024</small>					
<h3>CHARTING the life course</h3>					
LIFE DOMAIN	Personal Strengths & Assets	Relationship Based Supports	Technology	Community Resources	Eligibility Based Supports
 <ul style="list-style-type: none"> Home security/alert system Knows address, phone numbers, other contacts Knows how to appropriately use 911 Family/person has an emergency/evacuation plan Able to lock/unlock door (with key or code) Carries identification or specific information in wallet or on person Home is modified for safety GPS tracking device Reciprocal knowledge with First Responders Has and knows how to use a debit card Family/person has engaged in financial planning 	<ul style="list-style-type: none"> Parents, siblings, grandparents, other family members Friends Neighbors Family staff/workers at local stores, restaurants, etc. 	<ul style="list-style-type: none"> Automatic bill payment deposit Linked/joint bank account Personal safety devices Remote monitoring Location smart phone apps 	<ul style="list-style-type: none"> Bad advocacy apps Communication devices Online service group sites 	<ul style="list-style-type: none"> Power of Attorney Neighborhood watch Local Police Department Online banking Living Trust LifeLock (Identity theft protection) Neighborhood Watch 	<ul style="list-style-type: none"> Full guardianship 24 hour supervision Limited guardianship Special Needs Trust
 <ul style="list-style-type: none"> Registered to vote, has voter ID, and understands how to vote Knowledge of and membership in advocacy group or organizations Volunteers Political awareness and advocacy Has had leadership training and/or experience Understands right/wrong, importance of doing the right thing and being a law abiding citizen Is able to speak up for self/parents/missing, social experiences, group participation 	<ul style="list-style-type: none"> Parents, siblings, grandparents, other family members Self-advocate peers Friends 	<ul style="list-style-type: none"> Bad advocacy apps Communication devices Online service group sites 	<ul style="list-style-type: none"> Writing Neighborhood group or organization Visiting your legislator KnowledgCamp Free/Demist Club 	<ul style="list-style-type: none"> Peer advocate Self-Advocacy Groups Disability Rights Day at the Capitol Self-Advocacy Training 	<ul style="list-style-type: none"> Peer advocate Self-Advocacy Groups Disability Rights Day at the Capitol Self-Advocacy Training
 <ul style="list-style-type: none"> Family to active and engaged in community, networks, support groups, or mentoring Understands rights and responsibilities Well-organized, keeps track of things Has end of life plan/plan for when parents can no longer fulfill their more caring for and caring about roles Has and utilizes social capital/community connections Willing to share their story 	<ul style="list-style-type: none"> Grandparents, aunts, uncles, extended family members Neighbors Other parents/families Church/faithship community 	<ul style="list-style-type: none"> Family calendar/schedule apps Online support groups on Facebook pages 	<ul style="list-style-type: none"> Men's Day Out programs Franchised Library Community Centers Urbility assistance programs Child Care After school programs 	<ul style="list-style-type: none"> Respite Subsidies Face to Face support groups Special after school care programs Specialized child care centers 	<ul style="list-style-type: none"> Respite Subsidies Face to Face support groups Special after school care programs Specialized child care centers
 <ul style="list-style-type: none"> Knowledge of different sources of support and how to navigate systems and organizations Ability to integrate different lines of support into family and individual's life Knows who to contact for help or guidance Has someone who can help provide paid services (potential staff and networks to recruit) 	<ul style="list-style-type: none"> Parents, siblings, grandparents, spouses, children, other family Neighbors Classmates/Former classmates Church/Worship community Teachers 	<ul style="list-style-type: none"> Smart Home Remote Monitoring Devices GPS Devices 	<ul style="list-style-type: none"> Financial planner Franchise Franchise/Reduced school lunch Bank Community Center Community clubs (Eli, Eagle, Lion) Pets Service animals 	<ul style="list-style-type: none"> Vocational Rehabilitation Disability Developmental Disabilities Health and Senior Services Medical/Medicare Social Security Food Storage Medical Workers Mental/Behavioral Health Centers Independent Living Centers Wash On Wheels 	<ul style="list-style-type: none"> Vocational Rehabilitation Disability Developmental Disabilities Health and Senior Services Medical/Medicare Social Security Food Storage Medical Workers Mental/Behavioral Health Centers Independent Living Centers Wash On Wheels
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<small>Updated 08/17/2024</small>					

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OPC: Barriers to success, Family Engagement and Ongoing Outreach

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Intersectionality and disability

- Our students with disabilities often have a combination of disability and other challenges that can include:
 - Poverty
 - Homelessness
 - Hunger
- Further, this is often combined with other inequalities based on identity including:
 - Gender
 - Race
 - Ethnicity

Examples of student issues Commonly encountered

- **Access to basic needs:** clothing, housing, food, heat/hot water
- **Mental Health needs/complications:** access to proper healthcare/specialists, suicidal ideations
- **Family problems**
- **Issues communicating with professors**
- **Class advisement**
- **Relationship issues**
- **Understanding the difference between high school and college (both parents and students)**
- **Transportation issues**

Common referrals

- **CPEP-Comprehensive Emergency Psychiatric Program, services at St. Joseph's Hospital: No referrals in Quarter 3**
- **ACCES-VR: 4 referrals have been given to 4 students in Quarter 3**
- **Food Pantry on campus: 3 referrals have been given to 2 students in Quarter 3**
- **Advocates, Inc., for help with finding an aide when appropriate: No referrals in Quarter 3**
- **CENTRO: 18 bus passes have been given out to 11 students in Quarter 3**
- **The Learning Center on campus: 56 referrals have been given to 26 students to date in Quarter 3, though all students are referred to the Learning Center and many are referred multiple times**

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We Care Reporting Form



We Care Reporting Form

Faculty and staff are encouraged to use this form to report distressing or concerning student behaviors. While referrals from this form are received by a variety of We Care campus partners working to assist students, *it is not designed as an emergency response notification process.*

If you believe that the student or community is in immediate danger, or that the situation requires immediate action, call Campus Safety and Security at 315-498-2311.

- Any member of the OCC can submit a referral through online submission
- Case Collaboration Committee reviews the case
- Referrals made, case owner or those working closely with the student is notified

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We Care Reporting Form

Report Details

Please complete each section in an objective and factual manner, avoiding labels or stereotypes.

* Please specify behaviors applicable to the student of concern; check ALL that apply.

<input type="checkbox"/> Academic Difficulty	<input type="checkbox"/> Disrupting Classroom	<input type="checkbox"/> Perceived Injustice
<input type="checkbox"/> Adjustment Issues	<input type="checkbox"/> Domestic Violence	<input type="checkbox"/> Self-Injurious
<input type="checkbox"/> Aggression - Physical	<input type="checkbox"/> Eating Issues	<input type="checkbox"/> Sexual Assault
<input type="checkbox"/> Aggression - Verbal	<input type="checkbox"/> Family Issues	<input type="checkbox"/> Stalking - Physical
<input type="checkbox"/> Alcohol/Drug Danger to Community	<input type="checkbox"/> Financial Issues	<input type="checkbox"/> Suicide Risk
<input type="checkbox"/> Alcohol/Drug Misuse	<input type="checkbox"/> Grief and Loss	<input type="checkbox"/> Weapon use/possession
<input type="checkbox"/> Cyber Stalking and Harassment	<input type="checkbox"/> Hopelessness	<input type="checkbox"/> Writings - Disturbing
<input type="checkbox"/> Dating Violence	<input type="checkbox"/> Inappropriate Interests	<input type="checkbox"/> Other

* Please provide a detailed narrative of the concern you are reporting, using specific, concise, and objective language.

[Check Spelling & Preview](#)

* Have others shared with you that they are also concerned about this student?
 Yes No Don't know

* Does the behavior seem to be getting worse or more frequent?
 Yes No Don't know

* Other than submission of this form, what, if anything, have you done to address this concern?
[Check Spelling & Preview](#)

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Individual meetings

- In one quarter for example, Meaghan Bodemer, educational coordinator, has had **110** student advisement meetings to date.
 - Quarter 3 is the first time this information has been tracked.
 - Meetings range from 30 minutes to beyond an hour, dependent on the severity of the student issue. Most often there is discussion of available resources, an outline of how to handle any challenges that have arisen and planning a follow up meeting and next steps.
 - Many students often have an intersection of issues, including disability plus others such as poverty, being a member of a minority group, hunger, etc.

Cayuga County - Help Now



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Government Services

23 Cayuga County Health & Human Services Dept.
160 Geneva St.
24 Call Number: 315-255-4072
Hours: M-F 9am-5pm
7:30-2:30 Sun-Sat
Human Services: 315-255-1380
On Call Number: 315-255-1328
Provides financial assistance for shelter, fuel and utilities. Temporary and disability assistance, medical assistance. SMH: adult services, child protective, family prevention, crisis foster care.
Health Services: 315-255-1500
Clinics for immunization, STD screening, sexually transmitted disease and HIV testing, Breast, Cervical, Colorectal and Prostate Cancer screening/education.

Schools
Contact school district's home-visit liaison to arrange placement in school for children without permanent address.
Cayuga Onondaga ROCES: 315-253-0261

Law/Legal

17 Auburn Police Department
Emergency: Call 9-1-1
48 North St., 315-253-2231

26 Cayuga County Sheriff's Office
7448 County Route 96
315-253-1222

66 NY State Police - Auburn
1501 Oak St., 315-255-2760

25 Cayuga County Office for the Aging
162 Geneva St.
315-255-1226
Hours: M-F 9am-5pm
7:30-2:30 Sun-Sat
Provides Elder In Home Service, caregiver support, Adult day care, information, health information, counseling, Senior Nutrition Program, senior transportation referral.

22 Cayuga County W.I.C. Program
162 Geneva St., Suite 102
315-255-1400, hours: M-F 9:30am-4:30pm, Sat: Thursday 12:30pm-4:30pm
Women, Infants and Children Supplemental Food Program for program, lactating and non-lactating women.

Social Security Administration
859-755-4864, www.ssa.gov

Ashara: 315-255-8839
Cato Meadows: 315-405-3429
Jordan-Eldridge: 315-589-3879
Moravia: 315-491-2619
Port Byron: 315-796-6709
Skaneateles: 315-291-2221
Southern Cayuga: 315-364-1211
Union Springs: 315-698-4122
Westport: 315-854-6637

4 Legal Aid/Free Legal Clinic
Cayuga Community College
Room 7219
137 Franklin St.
Auburn, NY 13021
315-753-6588
Friday, 12pm-2pm

Legal Aid Society of Mid-NY
315-475-5127
CNY Legal Helpline:
877-777-6162 (toll free)
Legal services for housing, landlord/tenant, EEO/ADA, domestic violence issues.

Legal Services of Central NY
472 South Salina St., Cortez 303
Syracuse, NY 13202
315-753-6530

HELP NOW
Auburn Cayuga County
Basic Needs Emergency Assistance

MAP

United Way **Human Services Coalition**

Information current as of August 2014

OPC is funded by the Office of Disability Employment Policy, U.S. Department of Labor
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Health Services

MEDICAL:

11 Auburn Community Hospital (ACH)
17 Lansing St.
215-252-7011
Emergency Room, Inpatient and outpatient care.

CNY Poison Emergency Center
839-229-4322

21 East Hill Family Medical, Inc.
144 Genesee St
Family Planning 315-252-6477
Hotline: 315-252-2844
Postings: 315-252-1171
Sexually Transmitted Disease Clinic: 315-252-5627

25 Family Health Network
27 Main St., Malone
315-487-6556

3 Finger Lakes Medical Care Center
202 Great Ave., 315-556-7100
Treating non-emergency illness and injuries.

14 INSOURCE Urgent Care Center of Auburn
27 Main Street St.
Auburn, NY 13021
315-252-0929
Treating non-emergency illness and injuries.

5 Urgent Medical Care of Skaneateles
302 St. Germaine St.
Skaneateles, NY 485-8932
Treats minor illnesses and injuries on a walk-in or appointment basis.

Port Byron Community Health Center
40 Main St., Port Byron
315-776-8736
M-F 9:00am-6:00pm

MENTAL HEALTH:

11 Auburn Community Hospital
17 Lansing St.
215-252-3911
Mental health evaluations & Emergency Room for hospitalization in behavioral (and/or other) psychiatric interventions.

15 Cayuga Counseling Services
17 E. Genesee St.
315-252-4790
Hours: M-F 7h, 9am-7pm
Friday: 9am-6pm; evenings 7p-9pm
Private: 9am-6pm; evenings 7p-9pm
Mental Health Clinic for adults, children and families.

12 Cayuga County Community Mental Health Center
140 North St., 315-252-2746
Hearing, case management, & clinical services, medication services for individuals diagnosed with a mental illness.
24 Hour Crisis Line: 315-252-8241

Contact:
For free hotline: 877-455-8742
Free anonymous and confidential 24-hour phone counseling, crisis interventions, information & referral to persons to discuss or crisis.

HELP NOW
For information and Referral Call 2-1-1
Call 2-1-1 for help to obtain needed services, information, support, and connect to information about community services.

SUBSTANCE ABUSE:

Alcoholics Anonymous (AA) (Alanon)
17 Lansing St.
315-453-0311 or 315-471-0191
Daily meetings scheduled. Call for times & locations.

18 Confidential Help for Alcohol and Drugs, Inc. (C.H.A.D.I.)
75 Genesee St., 315-252-6790
Counseling for chemical abuse and dependency.

Narcotics Anonymous (NA)
215-252-2651
Call for meeting times & locations.

26 Recovery Counseling
188 E. Genesee St.
315-252-2659
Counseling for chemical abuse and dependency.

Veteran Services

24 New Veterans Resourceless Hotline
1-877-4AIDVET
Veteran's Crisis Line
1-800-273-8255
24/7 helpline for Vet's in Crisis

19 Cayuga County Veterans Service Agency
80 Genesee St., 315-252-1281
Hours: M-F 9am-5pm
Provides veteran claims for education, hospitalization, medical, housing, compensation, benefits, death benefits, & employment, marriage and legal.

15 Veterans' Clinic at ACH
17 Lansing St., 315-252-2702
Clinic provides primary and psychological care to veterans.

Food Pantries & Emergency Food Providers

AUBURN:

8 Caivry Food Pantry CNY Inc.
80 Franklin St., east Capital St.
Decor: 315-252-7772
Hours: Mon and Wed 10am-6pm; Fri 10am-2pm

31 Cayuga/Seneca Community Action Agency, Inc.
88 Rock St., 315-252-0208
Hours: M-F, 9am-5pm
315-252-0308

36 Community Caring Program
157 West St., 315-252-3437
Hours: Tues-Sat 9-11am
Penalties: 2nd Mon. 8-7pm

38 First Love Ministries Food Pantry
121 West St.
315-252-3421
Hours: M-W 1-2:30pm

12 Holy Family Catholic Church Luches with Love
25 South St.
Bag lunch, 10 to 11 a.m. Sundays, when the coffee closet is open.

8 St. Alphonsus Food Pantry
20 E. Genesee St.
315-252-0715
Hours: Mon-Sat 9-11:30am

15 The Salvation Army Food Pantry
18 E. Genesee St., 315-252-0218
Hours: M-F 1-3:30pm

AUBURN SOUP KITCHENS:

26 First Love Fellowship
89 Mill St., 315-252-3437
Decor: 315-252-7772
Hours: M-F 11:00am-1pm

24 St. Peter and John
148 Genesee St.
315-252-5721
Hours: Sat. 12-7pm
Sun. 9-10am

15 The Salvation Army
18 E. Genesee St.
Hours: Sun. 4:30-8:30pm

CAYUGA COUNTY

26 Bruck-Sennett Food Pantry
First Baptist Church, 20 Liberty St., Westport: 315-254-4581
2nd & 4th Mon.
Hours: 8:30-7:30pm

36 Catholic Christian Food Pantry
2510 E. Main St., Catts
315-492-2724, Hours: 5:30-7pm
Name beginning with "A-L" on 2nd Thurs., Name beginning with "M-Z" on 4th Thurs.

26 Community Food Pantry
Lutheran Church
Monroe 315-457-0971
Lutheran families call: 315-457-1254

Fair Haven Community Church Food Cupboard
Abolition Ave., Fair Haven
315-947-6232
Hours: 2nd Tues. 6-7pm

26 Genoa Food Pantry
United Church of Genoa
intersection of Rt. 50 & St. St.
315-633-4005, Hours: 2nd Sat of month: 9-10:30am

24 Jordan-Elbridge Food Pantry
St. Patrick Church, Jordan
315-689-6242, Ext. 118

Migrant Farm Worker Outreach
St. Charles Catholic Community, Delivery to migrant agricultural farm workers.
315-487-2547

27 Port Byron Community Food Pantry
First United Methodist Church
2672 South St., Port Byron
315-796-1186, Hours: 1st & 3rd Wed at 12-2pm, 2nd & 4th Wed at 6-8pm

27 Thompsonville Community Church Reach-out
Thompsonville Community Church
21009 Tappan Rd.
315-254-7800
Hours: Thurs. 4:30-6:30pm

27 Western Cayuga County Emergency Food Pantry
Trinity United Church of Christ
corner of North Cayuga & Chapel St., Union Springs
315-489-7302

See Map on Back Cover

Map Key: ■ Auburn ■ Cayuga County

Find more services at www.hudson-services.org

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ARISE Brochure

Quick Guide

**Transition Services
Onondaga County**

ACCES - VR

ARISE - an independent Living Center

Onondaga Pathways to Careers @ OCC

Mid-State RSE-TASC

Exceptional Family Resources (EFR)*

Disclaimer

As of December 2016, this information has been updated. Information is subject to change at any time. This guide is made available to you as a reference. *Quick Guide was originally created by EFR.

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ARISE – Transition Age Websites

Transition Age Youth Websites

CareerUp!
www.careerup.org/
 CareerUp! is a free online career exploration adventure for middle and high school students. CareerUp! is a product of Mapping Your Future, a free career exploration site, a public service web site providing free career, college, financial aid, and career management information and services. Students can receive community classes, receive a financial career search course to their accounts, or search for a particular career.

Indetermined
www.indetermined.org/
 The Ten Determined project is a state directed project funded by the Virginia Department of Education, designed to provide direct transition, models, and opportunities to practice skills associated with self-determined behavior. This project facilitates youth, especially those with disabilities to undertake a measure of control in their lives, helping to set and attain the course rather than accepting the others' program.

NYS ACCESS Service
www.access.ny.gov/
 ACCESS is a state operated, individual funded program which works with the perspective that all persons with disabilities can benefit from vocational rehabilitation services and should have opportunities to work in jobs commensurate with their communities. VOC Counselors guide individuals through various programs they may need to reach their employment goals.

NYS Department of Labor CareerZone
www.careerzone.org/
 CareerZone is the place to explore careers related to your strengths, skills and interests. It allows help with creating a resume and developing a budget to get your life on track. Find links to information about military careers, college preparation and financial aid.

Transition NYC
www.transitionnyc.org/
 The Transition NYC is a national effort that aims to improve the supports for youth and young adults, ages 18-30, with various mental health conditions, who are trying to successfully complete their schooling and training and move into meaningful work lives.

Think COLLEGE!
www.thinkcollege.org/
 Think College is a national organization dedicated to developing, expanding, and improving inclusive higher education options for people with an intellectual disability. With a commitment to equity and excellence, Think College supports individualized and student centered research and practice to generating and sharing knowledge, guiding institutional change, informing public policy, and engaging with students, professionals and families.

NORTH POWER!
www.northpower.org/
 NORTH POWER is the New York State network of young people who have been labeled and are seeking change. Through peer-to-peer mentoring, they empower young people to be active citizens, aware of government operations, their rights and the ability to use their voices to influence policies, practices, regulations and law. They are young people helping other people recognize an ability of self-help and peer support while changing systems so that young people get the support they need with the respect and dignity they deserve.

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ARISE – Quick Guide Definitions

Quick Guide Definitions

- Advanced Age:** Refers to an individual's age, services and programs to which a person may be entitled.
- Assistive Technology:** Includes adaptive, assistive, appliances or supplies, such as computers, web-browsers, etc.
- Benefits Counseling:** Assistance regarding eligibility of various forms of financial assistance (e.g. WFA, NYS).
- Community Club:** A social or leisure activity group that provides a social and recreational environment for individuals with disabilities and their families. Services may include: daily living skills training, recreation programming, etc.
- Education and Training:** This phrase includes all various disabilities and other types of training as well as education in one or more fields (i.e. computer programming).
- Employment Services:** Includes activities, other services types and levels of support ranging from financial (i.e. providing training or other services to help a person maintain, preserve or gain income). Call specific agency for further information.
- Financial Planning/Accessibility:** Includes information on how to arrange a budget, access bank and/or government programs for students with disabilities.
- Housing and Visas:** Financial options and services for individuals with housing and other disabilities including: rent, utility, mortgage, insurance, visa support and employment.
- Health and Performance Measurement:** Includes changes in terms, what or work plans which become independent and accessible (i.e. ability camp to help learn for wheelchair accessibility).
- Housing Options:**
 - Co-living: Resides on a shared premises or program operated by an agency that provides services.
 - Family Care Program: an individual provides care to another individual with a disability in their home.
 - Individualized Residential Alternative (IRA): long-term living with a group of people in a residence that is not for profit. Usually provides 24-hour support for the care recipient.
 - Individualized Care Facilities (ICF): care provided for individuals with higher levels of support needs with clinical services built into existing equipment.
 - Supported Apartments or Residences: for people with a disability who require minimal assistance.
 - Supported Living: an individual lives independently with minimal support for around 24-hour per week.
 - Work Community: an alternative living arrangement in a private house or apartment complex owned by the person with the disability or their family. Individuals may choose to live independently or with others, and have support services available.
- Mental Health Services:** Includes individual, couples, couples, stress management and mental health services (counseling by licensed counselor). In addition, it can include various types of support groups (i.e. weekly meetings for individuals with ADHD), or daily meetings for counseling individuals).
- Recreational Events:** Agency may provide various recreation and leisure programs, such as seasonal activities (hiking, shopping, playing sports, etc).
- Respite:** Services that provide families of people with disabilities temporary relief from caregiving responsibilities.
- Service Coordinator/Individual Support Coordinator (ISC):** Professionals who help people with disabilities develop a plan and coordinated supports, services and assistive activities.
- Therapy (PT/OT/SLP):** Agency may provide physical therapy (PT), occupational therapy (OT) and/or speech and language (SLP) services as well as other therapy related interventions.
- Transportation:** May provide direct and/or indirect transportation services. Direct with individuals and support to individuals to arrange for public transportation options (i.e. Cares for All).
- Vocational Assessment:** Evaluation regarding strengths and interests which help suggest an employment goal and determine what resources match an individual's skills and interests. Not to be confused with a functional/vocational evaluation which is a more comprehensive in-depth work assessment that is done with the individual on an individual basis.

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	Address	Advocacy	Assistive Technology	Benefits Advancement	Community Help	Educational Training	Employment	Family Planning/Grantwriting	Housing and Victim	Home and Learning Modifications	Housing Options	Mental Health (Counseling)	Recreation/Leisure	Respite	Self-Advocacy	Therapeutic/PTOT/OT	Transportation	Vocational Assessment
ACCESS-VR www.access-ny.org 315.428.4179	331 East Washington Street Syracuse, NY 13202-9952																	
Access CNY www.accessny.org 315.455.7591	1402 Court Street Syracuse, NY 13208																	
Advocates, Inc. www.advocatesinc.org 315.469.9933	Advocacy Center West: 586 Old Liverpool Road Liverpool, NY 13088 Advocacy Center East: 308 South Madison Street Fayetteville, NY 13066																	
ARC of Onondaga www.arcny.org 315.476.7141	400 South Willow Avenue Syracuse, New York 13204																	
ARISE www.arisencny.org 315.472.3127	435 James Street Syracuse, NY 13203																	
Autism of CNY www.autismofcny.org 315.422.1263	518 James Street #100 Syracuse, NY 13203																	
BOCES/CCM www.bocesccm.org 315.433.6635	6620 Thompson Road Syracuse, NY 13213																	
Catholic Charities www.ccc.ny.us 315.424.1800; Mental Health: 315.424.1840	1054 West Onondaga Street Syracuse, NY 13204																	
Cayuga Centers www.cayugacenters.org 315.233.1300	2507 James Street Syracuse, NY 13206																	
Centra Call-A-Bus www.centra.org/callabus.asp 315.442.3434	200 Cortland Avenue Syracuse, NY 13205																	
Citicare www.citicare.org 315.472.7363	620 Erie Boulevard West Suite 203 Syracuse, NY 13207																	
CNY Services www.cny.org 315.476.2453	518 James Street Syracuse, NY 13203																	
CNY Worker http://www.cnyworkers.com 315.473.9259	960 James Street 1st Floor Syracuse, NY 13203																	
Community Options www.comopt.org 315.431.8659	216 West Madison Street East Syracuse, NY 13057																	
Contact Community Services www.contactcny.org 315.281.1480	6311 Court Street Road East Syracuse, NY 13057																	
Department of Labor (NYS) www.labor.ny.gov 315.473.6250	960 James Street Syracuse, New York 13203																	
Department of Social Services Medicaid Office www.dss.ny.gov/medicaid.html 315.433.2928	John H. Mulroy Civic Center 421 Montgomery Street Syracuse, NY 13202																	
Disability Rights NY www.dryn.org 518.432.7861; TTY: 518.512.3448; Toll Free: 800.963.6862	44 Exchange Boulevard Suite 110 Rochester, NY 14614																	
DMCnet http://www.dmcnet.org/programs-and-services/children-with-developmental-disabilities/	960 Salt Springs Road Syracuse, NY 13224																	
Epilepsy Profile www.epilepsy.org 315.477.6777	1360 James Street Suite 220 Syracuse, NY 13203																	
Exceptional Family Resources www.efrny.org 315.476.1462	1820 Lemoyne Avenue Syracuse, NY 13208																	
H.O.M.E. Inc. www.homenetwork.org 315.472.9110	831 James Street Syracuse, NY 13202																	

	Address	Advocacy	Assistive Technology	Benefits Advancement	Community Help	Educational Training	Employment	Family Planning/Grantwriting	Housing and Victim	Home and Learning Modifications	Housing Options	Mental Health (Counseling)	Recreation/Leisure	Respite	Self-Advocacy	Therapeutic/PTOT/OT	Transportation	Vocational Assessment
Huntington Family Centers www.huntingtonfamilycenters.org 315.476.3137	405 Gillard Street Syracuse, NY 13204																	
Hutchings Psychiatric Center www.hutchings.org 315.436.5641	620 Madison Street Syracuse, NY 13204																	
Learning Disabilities Association of CNY www.ldan-cny.org 315.432.6663	212 East Madison Street East Syracuse, NY 13057																	
Liberty Resources/ Browner Center for Behavioral Health Services www.liberty-resources.org 315.425.1044; 1044; Fax: 315.472.4771; Mental Health: 315.472.4771	3105 James Street Syracuse, NY 13203																	
NYS Commission for the Blind www.crb.ny.gov 315.423.8447	NYS Office of Children and Family Services 52 Washington Street Rensselaer, NY 13244																	
Office for People with Developmental Disabilities www.opwdd.ny.gov 315.473.6979	187 Northern Concourse Syracuse, NY 13212																	
Onondaga Community College, College for Living www.oncc.edu/collegeforliving.asp?name=504&id=505 315.498.6022	4385 West Seneca Turnpike Syracuse, NY 13215																	
Onondaga Community College, Onondaga Pathways to Careers http://www.oncc.edu/pathways/	4385 West Seneca Turnpike Syracuse, NY 13215																	
Onondaga County Department of Mental Health http://www.ocgov.net/ocdmh/	421 Montgomery Street 10th Floor Syracuse, NY 13202																	
Onondaga County System of Care ocscoc.org 315.435.2864	John H. Mulroy Civic Center 421 Montgomery Street, 8th Floor Syracuse, NY 13202																	
Opportunities and Choices in Life www.oclife.org 315.434.9597	518 James Street Suite 110 Syracuse, NY 13203																	
Salvation Army www.salvationarmy.org 315.445.0720	2433 Erie Blvd, East Syracuse, NY 13202																	
Social Security Administration www.ssa.gov 1.800.772.3237	Federal Building 100 South Clinton Street, 4th floor Syracuse, NY 13203																	
Spanish Action League http://www.ladigapartners.org/ 315.474.6133	720 Chicago Street Syracuse, NY 13204																	
Spaulding Support Services www.spaulding-support.org 315.478.6210	6520 Banks Row East Syracuse, NY 13057																	
St. Joseph's Hospital http://www.sjrh.org/visitinfo/visiting.html 315.703.2900	301 Prospect Avenue Syracuse, NY 13203																	
SNYU Update www.opwdd.edu 315.464.8661	Syracuse, NY 13210																	
Syracuse Community Health Center http://www.schcny.com/ 315.476.7921	Multiple Sites																	
Syracuse Jewish Family Services http://jfs.org/files/SJFSServices2012.pdf 315.446.9111	4101 East Conover Street Syracuse, NY 13214																	
Syracuse Model Neighborhood Facility (Southwest Community Center) smnf.org 315.474.6823; Mental Health: 315.474.6823	401 South Avenue Syracuse, NY 13204																	
Syracuse University Psychological Services Center http://psychweb.su.edu/PsychologicalServicesCenter/index.html 315.443.3995	804 University Avenue Room 201 Syracuse, NY 13244																	
Toomey Residential and Community Services http://www.otscc.edu/office/toomey-residential 315.424.1845	1054 West Onondaga Street Syracuse, NY 13204																	
Unity Employment Services http://unityhouse.com/employment-services.html 315.476.8246	518 James Street Suite B2 Syracuse, NY 13203																	

Community Care Hub Case Manager

POSITION FUNCTION:

As a member of Onondaga Community College's Community Care Hub (CCH) team, the Case Manager (CM) will work to address the comprehensive non-academic needs of our students that may impede their ability to be successful and complete their degree. The CM will provide direct assistance to a caseload of students and serve as the primary coordinator of the student intake process, including appropriately categorizing and referring students based on their identified needs. The ability to positively interface and collaborate with campus-based and community resources will be integral to the position and the CCH's ability to meet our students' needs most effectively.

The case manager supports students and their families to manage crises, life traumas, and other concerns or barriers that impede success. This is a specialized position which blends collaboration and consultation with colleagues in the schools/colleges, service and care providers both on and off campus, as well as other support resources with functions of non-clinical student consultation, program coordination of student referrals, systems development for reporting and maintenance of student cases, and leadership in addressing factors which contribute to student attrition and improve student success.

The case manager will work to address the needs of students struggling to manage housing and/or food insecurity, legal concerns, financial instability, transportation challenges, access to medical insurance and care, family care, and other non-academic needs through a variety of interventions, referrals, and follow-up services. The Case Manager will respond to daily case management functions including but not limited to: student emergencies; consults with campus and community members and agencies; and parent/student inquiries and concerns.

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Community Care Hub Case Manager

MAJOR RESPONSIBILITIES:

- Provide Case Management services by meeting goals and objectives consistent with grant deliverables.
- Conduct initial student assessments, including the identification of assets and barriers to success.
- Make referrals and facilitate linkages to on-campus and community-based resources and agencies.
- Participate in staff development trainings and weekly meetings.
- Complete all required forms, case notes, data collection and record activities necessary for effective case management and project accountability and reporting.
- Collaborate closely with the CCH team.
- Perform other duties as assigned by supervisor.

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Community Care Hub Case Manager

MINIMUM QUALIFICATIONS:

- Master's degree in Social Work, Counseling, or Higher Education Counseling with 3-5 years' experience, preferably in a higher education setting. Prior work experience in case management required.

PREFERRED QUALIFICATIONS:

- Professional experience with youth and families involved with the child welfare, social service, mental health, and/or a juvenile justice system.

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Community Care Hub Case Manager

KNOWLEDGE, SKILLS AND ABILITIES

- Ability to develop and maintain professional working relationships across campus and throughout the Syracuse community.
- Experience with navigating complex systems either personally or through work experience.
- Ability to communicate effectively and appropriately while maintaining positive relationships with supervisors, stakeholders, peers, youth, and families.
- Experience in case management, reporting, and electronic record keeping.
- Experience in and knowledge of social services and the associated policies and protocol within the system.
- Experience working with diverse populations.
- Familiarity with local and state laws as they pertain to services and assistance for impoverished populations.
- Ability to articulate an understanding at risk populations and the service needs associate with their success.
- The ability to engage individuals who are in crisis and develop trust and connection.
- The ability to manage and prioritize one's own day to day work requirements in a fast paced environment.
- The ability to use independent judgment, critical thinking, and active listening to identify complex problems, evaluate options, and implement solutions.
- Excellent writing and communication skills.
- Valid Driver's License and access to an automobile.

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OPC Strategies: Family Engagement

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OPC Strategies: Family Engagement

- Local Family Advocacy Organizations
- Special Education Parent Teacher Associations
- OPC Scholars
- OPC Parent / Family Newsletter
- OAR Family Survey of OPC Students

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OPC Strategies: Family Engagement

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Office of Accessibility Resources Onondaga Pathways to Careers Family Questionnaire

1. How is your student adjusting this semester?
2. Is your son or daughter living at home or on campus?
3. Does your college student drive?
If commuting, how do they travel to camps?
Car Public Transit/Bus Other:
4. Does your son or daughter take medication?
5. Can they take it independently?
6. Has your family reviewed the College's FERPA form?
7. Is your son or daughter registered with ACCES-VR?
8. Concerns?
9. Are there additional services that could benefit your student?
10. Please rank your student:
Self-Advocacy Skills
Study Skills
Stress Management Ability
11. Where do you see your son or daughter in 3-5 years?

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Georgia's E3 Approach: Family Engagement

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GA's E3 Approach: Family Engagement

Hire Transition Partners:

- Transition Partners work in school districts as part of the E3 project for Georgia Vocational Rehabilitation Agency (GVRA). Transition Partners:
 - work to build relationships and improve the transitions process and employment outcomes for youth and young adults;
 - work to build a strong relationship with school personnel; empower the family to be informed, self-sufficient, and resourceful;
 - and practice effective listening skills and provides responses and options that are family-centered and culturally competent to help meet the needs of the child and family.

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Partner's Parent Engagement Plan

Outreach

- Distribute introductory/promotional materials to families/professionals during open house and other scheduled E3 events.
 - Parents who provide info at sign in will receive call back and/or to be added to mail list.
- Set up meetings to introduce and distribute promotional materials to school staff and VR staff. Distribute P2P referral form to be used by GVRA staff and school staff.
 - Referrals will be contacted within 3 days and will be offered/mailed P2P transition packet.)
- Attend various community activities that attract parents and distribute P2P promotional materials. (brochures, magnets, pens, post-its, etc.)
 - Parents who provide info on sign in sheet will receive call back and/or to be added to mailing list, as indicated.
- Create a schedule of upcoming events in each district to be shared with families through Facebook postings, email blasts, and P2P website.
- Gather contact information on potential providers in the community to be added to our online searchable database.

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Partner's Parent Engagement Plan

One-on-One Consultation/Support

- Utilization of P2P database to search for local providers/professionals.
 - Provide training to VR staff on "how to use the database"
- Use and promotion of the Roadmap to Success as a resource for families
- Provision of vetted reading and resource materials through P2P Virtual Library
- Provision of technical assistance and real-time advice

Connecting Families

- Recruit and match to trained Supporting Parents who can share experiences.
- Create and/or support local or topical Support Groups
- Link families to online sources of support (i.e., Facebook groups)
- Collaborate with district Parent Mentors to support families; sharing referrals, as appropriate.

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Partner's Parent Engagement Plan

Coordination of Training and Education Sessions

- Provide P2P Trainings on a variety of topics including transition specific topics.
 - Coordinate one training on Transition to Healthcare with parents. Coordinate one training on Now/Comp Waiver.
 - Coordinate at least 1 additional training on a transition topic.
- Promote live and archived webinars on variety of topics
 - Facilitate 1 live webinar on Benefits Navigation (to be archived)
- Community Resource Sessions for families introducing them to resources, providers and information to assist them with transition (i.e., Medicaid waivers, SSI, housing options, transportation options and job programs)
 - Coordinate Community Resource Session

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Questions / Discussion

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New Members & Resources Are Welcome!

- Please send Meera (madya@syr.edu) recommendations for additional members, especially students and employers.
- Please connect us to any people we should be including in the project.
- Please send us (or point Meera in the direction of) any resources you have or know about that you think we should use.

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Next Meeting: Date & Topic

- Our meeting schedule will be every 2 months, the 4th Thursday of the month, from 12:00-1:00 EST.
 - So, our next meeting is February April 27th, 2017, Noon EST
- Topics to be addressed?

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