

7<sup>th</sup> Annual-Fit-IN Conference  
**Inclusive Recreation on the Erie Canal**

November 1, 2019  
Port Byron Old Erie Canal Heritage Park

*Welcome: Mary Riley and Peyton Sefick*







*Information Sharing:  
Jean Mackay tells us about Canalway Challenge and First Mile*





**Inclusivity Assessment Tool**

- Physical access
  - Accessible
  - Safe
  - Sensory-friendly
- Social inclusion
  - Inclusive activities
  - Programming practices
- Adaptive equipment

**The Erie Canal**  
and the New York State Canal System

*Lynn Anderson: Inclusive Recreation Resource Center*

MODEL of standard lengthened Lock  
on the ERIE CANAL. Scale, 3/8"



*Lynn Anderson: Inclusion Ambassador Training*





*Peyton Sefick introduces Anita O'Brien  
Rochester Accessible Adventures*



*Anita O'Brien Talks about partnerships with business community  
Rochester Accessible Adventures*





OLD ERIE  
CANAL HERITAGE PARK



CANAL SOCIETY OF NEW YORK STATE  
FOUNDED IN BUFFALO, NY 1976

*Lunch provided by Port Byron Diner*





*Dan Ward leads tour of Port Byron Old Erie Canal Heritage Center*





*Dan Ward leads tour of Port Byron Old Erie Canal Heritage Center*



# Erie Canal

## & the New York State Canal System



*Peyton sefick leads our afternoon discussion*

# The Erie Canal

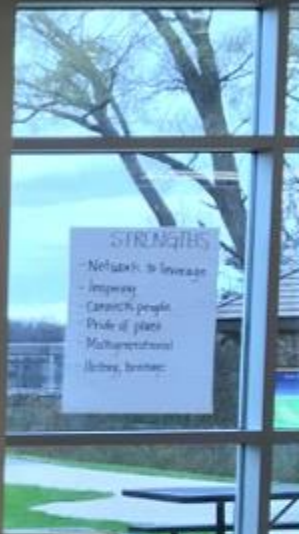
## & the New York State Canal System



### SOAR

- Strengths
- Opportunities
- Aspirations
- Results

S O A R	<b>Strengths</b> What are our current assets?	<b>Opportunities</b> What are our hopes, and dreams?
	<b>Aspirations &amp; Results</b> What do we want to achieve in the future?	<b>Results</b> What do we want to achieve in the future?



*Group discussion*





*Group discussion*

# STRENGTHS

- Network to leverage
- Inspiring
- Connects people
- Pride of place
- Multigenerational
- History, heritage



# Opps

- Fundraiser along canal
- Become a model
- Mission statements
- Younger generations
- WikiFactory
- Trade centers - NYS Justice Center
- Schools/PE classes homework  
(Healthy Hearts)
- First Mile Events
- Online training for equipment adapt.

- Designated entity - regional focus
  - inclusion specialist
- Advocacy - state priority
- Funding
  - CFA (big \$)
  - ECNHC grants / event sponsorship
- Barge journey with <sup>adaptive</sup> equipment
- Year-round activities (eg skiing)
- Inventory of equipment available + make use
- Marketing - Facebook, Remind



# ASpirations

- CIA + ambassador training
- Fully accessible trail / water trail
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Consider:

- local economy + business
- customized equipment
- bring family/community in



Thank you!