

Onondaga Pathways to Careers Demonstration Project at Onondaga Community College



Welcome & Introductions

Discussants

- Nancy Carr – OPC
- Bobbi Latimer – OPC
- William Myhill - OPC



Facilitate Discussion

- Michael Morris
- Meera Adya



Others Joining Us

1. NY Community Colleges & CUNY Institutions
2. Georgia VR
3. Kentucky VR
4. Nebraska VR
5. Virginia VR
6. DEI TA Representatives
7. DEI Projects

Agenda

- Several past sessions have addressed life-related issues regarding pathways engaged youths' significant barriers. In this session:
 - we will briefly review our journey,
 - resources and strategies that were previously shared, and
 - discuss some recent and ongoing OPC work that is relevant.
- Having discussed recruitment, retention, and youth life related challenges and strategies to resolve those, I would like to propose we move our focus in future sessions to “next phase” issues:
 - Career exploration and preparation
 - Work-based learning
 - Job-shadowing
 - Internships
 - others

Family Engagement: Background / Recommendations

Pathways to Careers Toolkit: Case Management

- Case Management is the responsibility for directing and managing a student's participation in the program, which typically includes non-instructional activities such as:
 - recruitment,
 - retention,
 - program component navigation,
 - life skill or life issue assistance,
 - academic, career or personal counseling,
 - financial aid guidance,
 - and other supportive services.



Guideposts: Family Involvement

The National Collaborative on Workforce and Disability has developed the Guideposts for Success to assist with a successful transition process for youth with disabilities. The 5th Guidepost addresses family involvement and supports:

All youth need parents, families and other caring adults who:

- Have high expectations which build upon the young person's strengths, interests, and needs and fosters their ability to achieve independence and self-sufficiency;
- Are involved in their lives and assisting them toward adulthood;
- Have access to information about employment, further education, and community resources;
- Take an active role in transition planning with schools and community partners; and
- Have access to medical, professional, and peer support networks.

Guideposts: Family Involvement

In addition, youth with disabilities need parents, families and other caring adults who:

- Have an understanding of their youth's disability and how it affects his or her education, employment, and/or daily living options;
- Have knowledge of rights and responsibilities under various disability-related legislation;
- Have knowledge of and access to programs, services, supports, and accommodations available for young people with disabilities; and
- Have an understanding of how individualized planning tools can assist youth in achieving transition goals and objectives.



LifeCourse in Service Planning

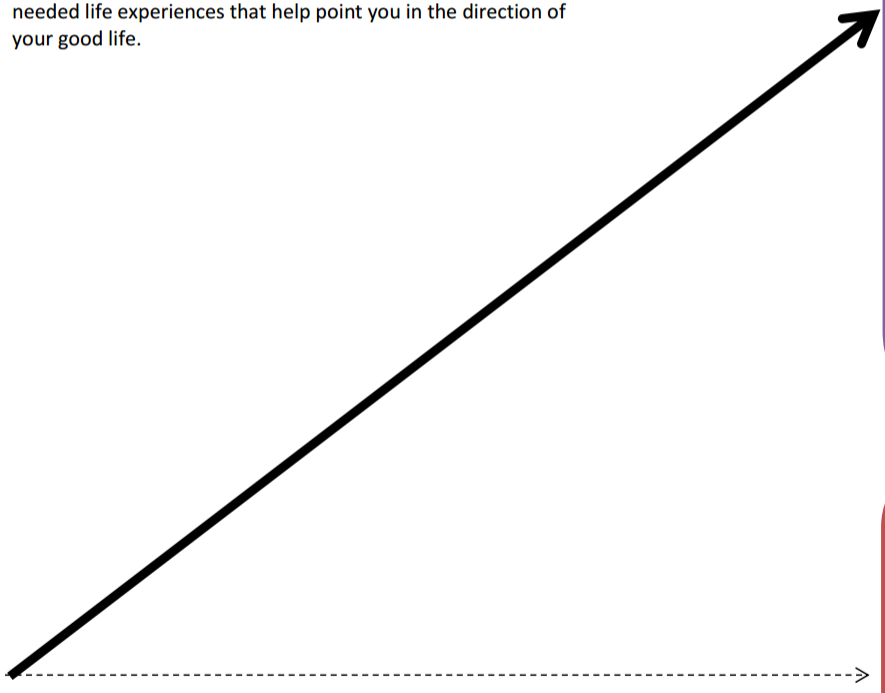
- Charting the Life Course using the *Trajectory* to talk about someone's vision for a good life and employment goals.
- Then use the *Integrated Support Star* to identify supports required to help someone achieve their goals.
- Engage the person, their family and anyone in their support network in the process.

CHARTING the life course



Life Trajectory Worksheet: Individual

Everyone wants a good life. The bubbles on the right will help you think about what a good life means for you or your family member, and identifying what you know you don't want. You can use the space around the arrows to think about current or needed life experiences that help point you in the direction of your good life.



VISION for a GOOD LIFE

What I DON'T Want

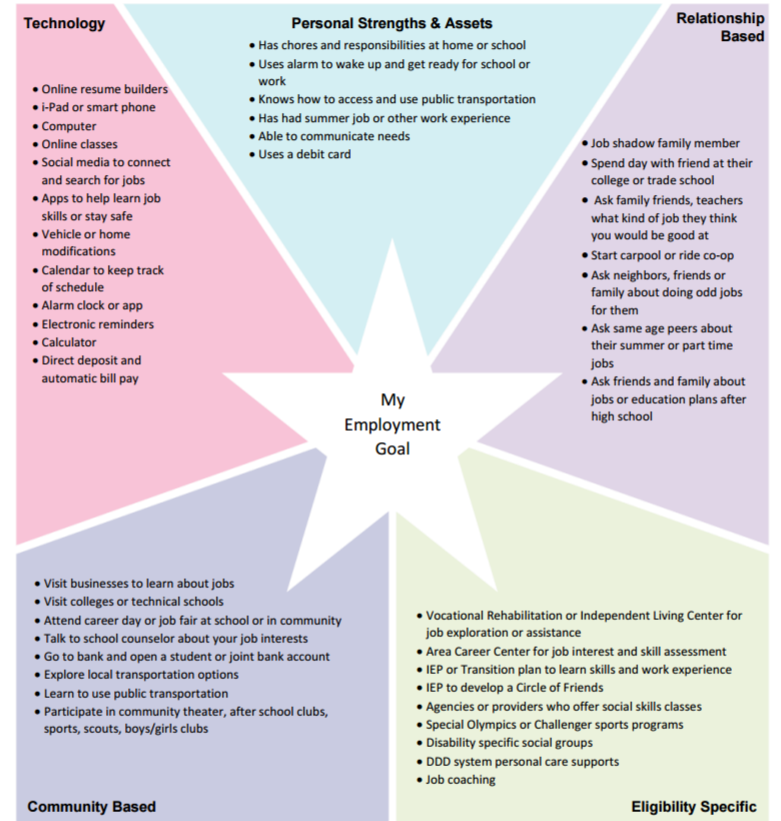


Integrated Support Star



Integrated Services and Supports

People need supports to lead good lives. Using a combination of lots of different kinds of support helps to plot a trajectory toward an inclusive, quality, community life. This tool will help families and individuals think about how to work in partnership to support their vision for employment.



CHARTING the life course




Integrated Services and Supports

People need supports to lead good lives. Using a combination of lots of different kinds of support helps to plot a trajectory toward an inclusive, quality, community life. This tool will help families and individuals think about how to work in partnership to support their vision for a good life.







LIFE DOMAIN	Personal Strengths & Assets	Relationship Based Supports	Technology	Community Resources	Eligibility Based Supports
<p>Daily Life Employment</p>	<ul style="list-style-type: none"> Work/volunteer experience Summer jobs Vision or dream for job or career Responsibilities at home or school Makes choices and decisions Communicates ideas, needs, thoughts to others Knowledge of a variety of different jobs/careers Good social skills Practices everyday living skills 	<ul style="list-style-type: none"> Coworkers Parents, siblings, spouse, children, grandparents, other family Friends Teacher Mentors Parents/family of friends Business partner 	<ul style="list-style-type: none"> Electronic reminders Alarm clock Cell phone Ipad educational/life skills apps Online resume builders Online classes or training Internet job search Calculator Computer Iphone/smart phone Ipad apps 	<ul style="list-style-type: none"> Volunteering Competitive employment/careers Colleges, universities, tech school Micro-enterprises Self employment Tutors Parent/Teacher Association (PTA) Summer Reading Program (library) 	<ul style="list-style-type: none"> Work crews/enclaves Job coaches Supported employment Special college programs Special Education/IEP's HeadStart Vocational Rehabilitation Case manager/support coordinator Sheltered workshops Day habilitation
<p>Community Living</p>	<ul style="list-style-type: none"> Knowledge of how to navigate community Drives, rides bus, cab, or other public transportation Housekeeping skills Can prepare simple meals/snacks Can spend time alone or away from family Knowledge of different types of living options 	<ul style="list-style-type: none"> Parents, siblings, spouse, children, grandparents, extended family Friends Roommates Neighbors Same age peers (college age, aging) 	<ul style="list-style-type: none"> Adapted living space Environmental technology Remote monitoring Ipad apps Facetime/Skype Electronic reminders 	<ul style="list-style-type: none"> Home Ownership Rental home/apartment Co-op for housing or transportation Public transportation (bus, train, taxi) Universal design Neighborhood Watch Home Owner's Association Food Pantries 	<ul style="list-style-type: none"> Independent Supported Living (ISL) Independent Living Center Shared Living/host family Institutions Intermediate Care Facility (ICF) Group Homes Meals on Wheels Section 8 Housing Vouchers
<p>Social & Spirituality</p>	<ul style="list-style-type: none"> Has hobbies and interests and needed supplies Knowledge/experience playing games or other social activities Outgoing, friendly personality Understands social cues and norms Has money/budget for social activities Interest in/belief in faith/higher power Belongs to/has roles in a faith community Exposure/experience going to weddings/funerals Good conversation skills 	<ul style="list-style-type: none"> Friendships Dating/relationships Members of your faith community Friends of parents/siblings and other family members People with a shared interest or hobby 	<ul style="list-style-type: none"> Online social clubs Social media (Facebook, Twitter, Instagram, Pinterest, etc) Online games Email Texting 	<ul style="list-style-type: none"> Parks and Recreation Service/social club/groups Inclusive faith community Sports teams and clubs Preschool Playground Community Centers Churches/Places of Worship 	<ul style="list-style-type: none"> Separate or special church service Special group outings & activities Special Olympics Special passes Social skills classes
<p>Healthy Living</p>	<ul style="list-style-type: none"> Communicates with doctors and other medical professionals Knowledgeable about own disability or special healthcare needs Knows how/when to seek help for health issues Understands changes as body becomes adult, and has well woman/man checkups Manages (or helps manage) own medication and other healthcare needs Understands health risks associated with smoking, drinking, drug use, unprotected sex) Knowledge and/or ability to plan/execute healthy meals; eats a healthy diet Has health insurance Gym membership/exercises regularly/rides bike Medical home 	<ul style="list-style-type: none"> Family member or school staff implement therapy Parents, siblings, grandparents, other family members (help with meds, healthy eating, etc.) 	<ul style="list-style-type: none"> Pill-minders Chat with a nurse/nurseline Tele-medicine Web-MD Fit-Bit/Nike Fuel Band Exercise equipment (ie treadmill) Health/fitness apps for ipad Smart Toothbrush 	<ul style="list-style-type: none"> Gym membership Community Centers Neighborhood/City Pool Community Health Centers Health fairs Family/General practice providers YMCA Neighborhood pharmacy 	<ul style="list-style-type: none"> Center-based therapies (PT, OT, Speech, etc) Special/institutional medical care Home/community based therapies Special Olympics Healthy Communities Initiative Medical home IHP



 <p>Healthy Living</p>	<ul style="list-style-type: none"> • Knows how/when to seek help for health issues • Understands changes as body becomes adult, and has well woman/man checkups • Manages (or helps manage) own medication and other healthcare needs • Understands health risks associated with smoking, drinking, drug use, unprotected sex) • Knowledge and/or ability to plan/execute healthy meals; eats a healthy diet • Has health insurance • Gym membership/exercises regularly/rides bike • Medical home 	<ul style="list-style-type: none"> • Fit-bit/Nike Fuel Band • Exercise equipment (ie treadmill) • Health/fitness apps for ipad • Smart Toothbrush 	<ul style="list-style-type: none"> • Health fairs • Family/General practice providers • YMCA • Neighborhood pharmacy 	<ul style="list-style-type: none"> • Inclusive • Medical home • IHP
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CHARTING the life course



LIFE DOMAIN	Personal Strengths & Assets	Relationship Based Supports	Technology	Community Resources	Eligibility Based Supports
 <p>Safety & Security</p>	<ul style="list-style-type: none"> • Home security/alarm system • Knows address, phone numbers, other contacts • Knows how to appropriately use 911 • Family/person has an emergency/disaster plan • Able to lock/unlock door (with key or code) • Carries identification or specific information in wallet or on person • Home is modified for safety • GPS tracking device • Reciprocal knowledge with First Responders • Has and knows how to use a debit card • Family/person has engaged in financial planning 	<ul style="list-style-type: none"> • Parents, siblings, grandparents, other family members • Friends • Neighbors • Familiar staff/workers at local stores, restaurants, etc. 	<ul style="list-style-type: none"> • Automatic bill pay/direct deposit • Limited/joint bank account • Personal safety devices • Remote monitoring • Ipad/smart phone apps 	<ul style="list-style-type: none"> • Powers of Attorney • Neighborhood watch • Local Police Department • Online banking • Living Trust • LifeLock (identity theft protection) • Neighborhood Watch 	<ul style="list-style-type: none"> • Full guardianship • 24 hour supervision • Limited guardianship • Special Needs Trust
 <p>Citizenship & Advocacy</p>	<ul style="list-style-type: none"> • Registered to vote, has voter ID, and understands how to vote • Knowledge of and membership in advocacy groups or organizations • Volunteers • Political awareness and advocacy • Has had leadership training and/or experience • Understands right/wrong, importance of doing the right thing and being a law-abiding citizen • Is able to speak up for self- parents modeling, social experiences, group participation 	<ul style="list-style-type: none"> • Parents, siblings, grandparents, other family members • Self-advocate peers • Friends 	<ul style="list-style-type: none"> • Ipad advocacy apps • Communication devices • Online service group sites 	<ul style="list-style-type: none"> • Voting • Neighborhood group or organization • Visiting your legislator • Scouting/Camp Fire/Optimist Club 	<ul style="list-style-type: none"> • Paid advocate • Self Advocacy Groups • Disability Rights Day at the Capitol • Self Advocacy Training
 <p>Supports for Family Unit</p>	<ul style="list-style-type: none"> • Family is active and engaged in community, networks, support groups, or mentoring • Understands rights and responsibilities • Well organized, keeps track of things • Has end of life plan/plan for when parents can no longer fulfill their many caring for and caring about roles • Has and utilizes social capitol/community connections • Willing to share their story 	<ul style="list-style-type: none"> • Grandparents, aunts, uncles, extended family • Neighbors • Other parents/families • Church/worship community 	<ul style="list-style-type: none"> • Family calendar/schedule apps • Online support groups or facebook pages 	<ul style="list-style-type: none"> • Mom's Day Out programs • Preschool • Library • Counselors • Utility assistance programs • Child Care • After school programs 	<ul style="list-style-type: none"> • Respite • Sibshops • Face to Face support groups • Special after school care programs • Specialized child care centers
 <p>Supports & Services</p>	<ul style="list-style-type: none"> • Knowledge of different sources of support and how to navigate systems and organizations • Ability to integrate different kinds of support into family and individual's life • Knows who to contact for help or guidance • Has someone who can/will provide paid services (potential staff and networks to recruit) 	<ul style="list-style-type: none"> • Parents, siblings, grandparents, spouse, children, other family • Neighbors • Classmates/former classmates • Church/Worship community • Teachers 	<ul style="list-style-type: none"> • Smart Home • Remote Monitoring Devices • GPS Devices 	<ul style="list-style-type: none"> • Financial planner • Piggy bank • Free/Reduced school lunch • Bank • Community Centers • Community clubs (Elks, Eagles, Lions) • Pets • Service animals 	<ul style="list-style-type: none"> • Vocational Rehabilitation • Division Developmental Disabilities • Health and Senior Services • Medicaid/Medicare • Social Security • Food Stamps • Medicaid Waivers • Mental/Behavioral Health Centers • Independent Living Centers • Meals On Wheels

OPC: Barriers to success, Family Engagement and Ongoing Outreach

Intersectionality and disability

- Our students with disabilities often have a combination of disability and other challenges that can include:
 - Poverty
 - Homelessness
 - Hunger
- Further, this is often combined with other inequalities based on identity including:
 - Gender
 - Race
 - Ethnicity

Examples of student issues Commonly encountered

- **Access to basic needs:** clothing, housing, food, heat/hot water
- **Mental Health needs/complications:** access to proper healthcare/specialists, suicidal ideations
- **Family problems**
- **Issues communicating with professors**
- **Class advisement**
- **Relationship issues**
- **Understanding the difference between high school and college (both parents and students)**
- **Transportation issues**

Common referrals

- **CPEP-Comprehensive Emergency Psychiatric Program, services at St. Joseph's Hospital:** *No referrals in Quarter 3*
- **ACCES-VR:** *4 referrals have been given to 4 students in Quarter 3*
- **Food Pantry on campus:** *3 referrals have been given to 2 students in Quarter 3*
- **Advocates, Inc., for help with finding an aide when appropriate:** *No referrals in Quarter 3*
- **CENTRO:** *18 bus passes have been given out to 11 students in Quarter 3*
- **The Learning Center on campus:** *56 referrals have been given to 26 students to date in Quarter 3, though all students are referred to the Learning Center and many are referred multiple times*

We Care Reporting Form



We Care Reporting Form

Faculty and staff are encouraged to use this form to report distressing or concerning student behaviors. While referrals from this form are reviewed by a variety of We Care campus partners working to assist students, *it is not designed as an emergency response notification process.*

If you believe that the student or community is in immediate danger, or that the situation requires immediate action, call Campus Safety and Security at 315-498-2311.

- Any member of the OCC can submit a referral through online submission
- Case Collaboration Committee reviews the case
- Referrals made, case owner or those working closely with the student is notified



We Care Reporting Form

Report Details

Please complete each section in an objective and factual manner, avoiding labels or stereotypes.

* Please specify behaviors applicable to the student of concern; check ALL that apply.

- | | | |
|---|--|--|
| <input type="checkbox"/> Academic Difficulty | <input type="checkbox"/> Disrupting Classroom | <input type="checkbox"/> Perceived Injustice |
| <input type="checkbox"/> Adjustment issues | <input type="checkbox"/> Domestic Violence | <input type="checkbox"/> Self-Injurious |
| <input type="checkbox"/> Aggression - Physical | <input type="checkbox"/> Eating Issues | <input type="checkbox"/> Sexual Assault |
| <input type="checkbox"/> Aggression - Verbal | <input type="checkbox"/> Family Issues | <input type="checkbox"/> Stalking - Physical |
| <input type="checkbox"/> Alcohol/Drug Danger to Community | <input type="checkbox"/> Financial Issues | <input type="checkbox"/> Suicide Risk |
| <input type="checkbox"/> Alcohol/Drug Misuse | <input type="checkbox"/> Grief and Loss | <input type="checkbox"/> Weapon use/possession |
| <input type="checkbox"/> Cyber Stalking and Harassment | <input type="checkbox"/> Hopelessness | <input type="checkbox"/> Writings - Disturbing |
| <input type="checkbox"/> Dating Violence | <input type="checkbox"/> Inappropriate Interests | <input type="checkbox"/> Other |

* Please provide a detailed narrative of the concern you are reporting, using specific, concise, and objective language.

[Check Spelling & Preview](#)

* Have others shared with you that they are also concerned about this student?

- Yes No Don't know

* Does the behavior seem to be getting worse or more frequent?

- Yes No Don't know

* Other than submission of this form, what, if anything, have you done to address this concern?

[Check Spelling & Preview](#)

Individual meetings

- In one quarter for example, Meaghan Bodemer, educational coordinator, has had **110** student advisement meetings to date.
 - Quarter 3 is the first time this information has been tracked.
 - Meetings range from 30 minutes to beyond an hour, dependent on the severity of the student issue. Most often there is discussion of available resources, an outline of how to handle any challenges that have arisen and planning a follow up meeting and next steps.
 - Many students often have an intersection of issues, including disability plus others such as poverty, being a member of a minority group, hunger, etc.

Cayuga County - Help Now

HELP NOW

For all of Cayuga County residents see back page

City of Auburn

Emergency Assistance
 American Red Cross
 Cayuga-Town Community Action Agency
 Catholic Charities of the Finger Lakes

Housing Services
 Cayuga County Homeless Shelter
 Housing Authority
 Cayuga County Health & Human Services Dept.

Clothing
 Cayuga-Town Community Action Agency
 New Family Clothes Closet
 Second Day Clothing
 Seventh Day Adventist Church

Heating Assistance
 American Red Cross
 Cayuga-Town Community Action Agency
 Catholic Charities of the Finger Lakes

Map Sponsors
 United Way
 Jacobs Press

OPC is funded by the Office of Disability
 Employment Policy, U.S. Department of Labor
 Award No. OD-26453-14-75-4-36.



Government Services

23 Cayuga County Health & Human Services Dept.
 160 Genesee St.
 On Call Number: 315-255-6272
 Hours: M-F, 9am-4pm
 771-831, 8am-4pm
Human Services 315-253-1389
 On Call Number: 315-253-1338
 Provides financial assistance for shelter, fuel and utilities. Temporary and disability assistance, medical assistance, SNAP, adult services, child protective, family preventive, child foster care.
Health Services 315-253-1560
 Clinics for immunization, lead screening, sexually transmitted disease and HIV testing; Breast, Cervical, Colorectal and Prostate Cancer screening/education.

23 Cayuga County Office for the Aging
 160 Genesee St.
 315-253-1226
 Hours: M-F, 9am-5pm
 771-831, 8am-4pm
 Provides Elder in Home Service, caregiver support, Alzheimer's information, health information, counseling, Senior Nutrition Program, senior transportation referral.

22 Cayuga County W.I.C. Program
 157 Genesee St., Suite 100
 315-253-1406; Hours: M-F, 8:30am-4:30pm, 3rd Thursday 10:30am-6:30pm
 Women, Infants and Children Supplemental Food Program for pregnant, lactating and post-partum women.

Social Security Administration
 866-755-4884, www.ssa.gov

Auburn: 315-255-8835
Cato-Meridian: 315-626-3438
Jordan-Elbridge: 315-589-3978
Moravia: 315-497-2670
Port Byron: 315-776-5708
Skaneateles: 315-291-2221
Southern Cayuga: 315-364-7211
Union Springs: 315-889-4101
Weedsport: 315-854-6637

4 Legal Aid/ Free Legal Clinic
 Cayuga Community College
 Room 7219
 197 Franklin St.
 Auburn, NY 13021
 315-703-6586
 Fridays, 12pm-2pm

Legal Aid Society of Mid-Ny
 315-475-3127
 CNY Legal Helpline:
 877-777-6152 (toll free)
 Legal services for housing, landlord/tenant, SSI/SSD, domestic violence issues.

Legal Services of Central NY
 472 South Salina St., Suite 300
 Syracuse, NY 13202
 315-703-6500

Schools
 Contact school district's home-less liaison to arrange placement in school for children without permanent address.
Cayuga-Onondaga BOCES:
 315-253-0361

Law/Legal
Emergency: Call 9-1-1

17 Auburn Police Department
 48 North St., 315-253-3231

38 Cayuga County Sheriff's Office
 7445 County House Rd.
 315-253-1222

40 NYS Police - Auburn
 1551 Clark St., 315-255-2766



HELP NOW

Auburn Cayuga County
 Basic Needs Emergency Assistance

MAP

United Way **Human Services Coalition**

Information current as of: August 2014



MEDICAL:

11 Auburn Community Hospital (ACH)
17 Lansing St.
315-255-7011
Emergency Room, outpatient and inpatient care

CNY Poison Emergency Center
800-222-1222

21 East Hill Family Medical, Inc.
Metcalf Plaza, 144 Genesee St.
Family Planning: 315-253-6477
Medicine: 315-253-7264
Dental: 315-255-6294
Pediatrics: 315-255-1171
Sexually Transmitted Disease Clinic: 315-253-6477
(13 N. Fulton St.)

43 Family Health Network
67 Main St., Moravia
315-497-6666

1 Finger Lakes Medical Care Center
303 Grant Ave., 315-258-7100
Treating non-emergency illness and injuries.

14 INSOURCE Urgent Care Center of Auburn
27 West Garden St.
Auburn, NY 13021
315-252-0030
Treating non-emergency illness and injuries.

5 Urgent Medical Care of Skaneateles
803 W. Genesee St.
Skaneateles, 315-685-9355
Treats minor illnesses and injuries on a walk-in or appointment basis.

26 Port Byron Community Health Center
60 Main St., Port Byron
315-776-9700
M-F 8:00am-5:00pm

MENTAL HEALTH:

11 Auburn Community Hospital
17 Lansing St.
315-255-7011
Mental health evaluations at Emergency Room for hospitalization in Behavioral Unit or other psychiatric intervention.

15 Cayuga Counseling Services
17 E. Genesee St.
315-253-9795
Hours: M-Th, 9am-7pm; Friday: 9am-5pm, evenings by appointment
Mental Health Clinic for adults, children and families.

12 Cayuga County Community Mental Health Center
146 North St., 315-253-2748
Housing, case management, & clinical services, medication services for individuals diagnosed with a mental illness.
24 hour Crisis Line: 315-253-8541

Contact
Toll-free Hotline: 877-420-8740
Free anonymous and confidential 24-hour phone counseling, crisis intervention, information & referral to persons in distress or crisis.

HELP NOW

For Information and Referral Call 2-1-1

Call 24/7 for help to de-escalate crisis situations, assess needs and connect to information about community services

SUBSTANCE ABUSE:

Alcoholics Anonymous (AA) (Alanon)
315-463-5011 or 315-471-0191
Daily meetings scheduled. Call for times & locations.

18 Confidential Help for Alcohol and Drugs, Inc. (C.H.A.D.)
75 Genesee St., 315-253-9786
Counseling for chemical abuse and dependency.

Narcotics Anonymous (NA)
315-253-3651
Call for meeting times & locations.

26 Recovery Counseling
188 E. Genesee St.
315-255-3559
Counseling for chemical abuse and dependency.



24 Hour Veteran Homeless Hotline
1-877-4AIDVET
Veteran's Crisis Line
1-800-273-8255
24/7 helpline for Vet's in Crisis

19 Cayuga County Veteran's Service Agency
85 Genesee St., 315-253-1281
Hours: M-F, 9am-5pm
Handles veteran claims for education, hospitalization, medical, housing, compensation, pension, death benefits, re-employment, insurance and legal.

11 Veteran's Clinic at ACH
17 Lansing St., 315-255-7002
Clinic provides primary and psychological care to veterans.



Food Pantries & Emergency Food Providers

See Map on Back Cover

AUBURN:

8 Calvary Food Pantry CNY Inc.
90 Franklin St., use Capitol St. Door, 315-252-7772
Hours: *Mid and West 10am-6pm; Fri 10am-2pm*

31 Cayuga/Seneca Community Action Agency, Inc.
88 York St., 315-255-0058
Hours: M-F, 9am-5pm
315-252-0038

30 Community Caring Program
151 Wall St., 315-253-3437
Hours: Tues-Sat, 9-11am
Perishables: 2nd Mon, 5-7pm

30 First Love Ministries Food Pantry
151 Wall St.
315-253-3437
Hours: M/W/F 1-2:30pm

12 Holy Family Catholic Church Lunches with Love
85 North St.
Bag lunch, 10 to 11 a.m.
Tuesdays, when the clothes closet is open.

9 St. Alphonsus Food Pantry
85 E. Genesee St.
315-252-0710
Hours: Mon-Sat, 9-11:30am

15 The Salvation Army Food Pantry
18 E. Genesee St., 315-253-0319
Hours: M-F, 1-3:30pm

AUBURN SOUP KITCHENS:

28 First Love Fellowship
99 Wall St., 315-253-3437
Hours: M-F, 11:45am-1pm

24 SS. Peter and John
169 Genesee St.
315-252-5721
Hours: Sat, 12-1pm; Sun, 9-10am

15 The Salvation Army
18 E. Genesee St.
Hours: Sun, 4:30-8:30pm

CAYUGA COUNTY

35 Brutus-Sennett Food Pantry
First Baptist Church, 30 Liberty St., Weedsport, 315-834-6581
2nd & 4th Mon.
Hours: 6:30-7:30pm

33 Cato Christian Food Pantry
2570 E. Main St., Cato
315-626-2734, Hours: 5:30-7pm
Name beginning with "A-L" on 3rd Thurs., Name beginning with "M-Z" on 4th Thurs.

44 Community Food Pantry
Loc-Mor Thrift Store
Moravia, 315-497-9977
Locke families call: 315-497-1874

32 Fair Haven Community Church Food Cupboard
Richmond Ave., Fair Haven
315-947-6232
Hours: 3rd Tues, 6-7pm.

42 Genoa Food Pantry
United Church of Genoa
intersection of Rt. 30 & Rt. 34;
315-533-0088, Hours: 3rd Sat of month, 9-10:30am

34 Jordan-Elbridge Food Pantry
St. Patrick Church, Jordan
315-689-6240 Ext. 115

Migrant Farm Worker Outreach
Good Shepard Catholic Community, Delivery to migrant/immigrant farm workers;
315-497-2549

37 Port Byron Community Food Pantry
First United Methodist Church
8510 South St., Port Byron
315-776-5158; Hours: 1st & 3rd Wed at 12-2pm; 2nd & 4th Wed at 6-8pm

38 Throopville Community Church Reach-out
Throopville Community Church
2026 Turnpike Rd.
315-253-7850
Hours: Thurs, 4:30-6:30pm

41 Western Cayuga County Emergency Food Pantry
Trinity United Church of Christ
corner of North Cayuga & Chapel St., Union Springs
315-869-7302

Find more services at:

www.human-services.org

Map Key: Auburn Cayuga County



ARISE Brochure

Quick Guide

Transition Services Onondaga County

ACCES - VR

ARISE – an Independent Living Center

Onondaga Pathways to Careers @ OCC

Mid-State RSE-TASC

Exceptional Family Resources (EFR)*

Disclaimer

As of December 2016, this information has been updated.
Information is subject to change at any time.
This guide is only meant to serve as a reference.
*Quick Guide was originally created by EFR.



Preparation of this item was made possible through the Onondaga Pathways to Careers Initiative at Onondaga Community College, funded through a cooperative agreement from the U.S. Department of Labor's Office of Disability Employment Policy, Grant No. OD-26453-14-75-4-36.

ARISE – Transition Age Websites

Transition Age Youth Websites

CareerShip®
www.mappingyourfuture.org/planyourcareer/careership/about_careership.cfm
 CareerShip® is a free online career exploration adventure for middle and high school students. CareerShip is a product of Mapping Your Future, (<http://mappingyourfuture.org>), a public-service website providing free career, college, financial aid, and money management information and services. Students can review careers by cluster, review a featured career, match careers to their interests, or search for a particular career.

ImDetermined
www.imdetermined.org
 The I'm Determined project, is a state directed project funded by the Virginia Department of Education, focuses on providing direct instruction, models, and opportunities to practice skills associated with self-determined behavior. This project facilitates youth, especially those with disabilities to undertake a measure of control in their lives, helping to set and steer the course rather than remaining the silent passenger.

NYS ACCES-VR Services
www.acces.nysed.gov/vr
 ACCES-VR is a state operated, federally funded program which starts with the presumption that all persons with disabilities can benefit from vocational rehabilitation services and should have opportunities to work in jobs integrated within their communities. VR Counselors guide individuals through service programs they may need to reach their employment goals.

NYS Department of Labor CareerZone
www.careerszone.ny.gov
 CareerZone is the place to explore careers related to your strengths, skills and talents. It offers help with creating a resume and developing a budget to get your life on track. Find links to information about military careers, college preparation and financial aid.

Transition RTC
www.umassmed.edu/transitionsrtc
 The Transitions RTC is a national effort that aims to improve the supports for youth and young adults, ages 14-30, with serious mental health conditions who are trying to successfully complete their schooling and training and move into rewarding work lives.

think COLLEGE!
www.thinkcollege.net
 Think College is a national organization dedicated to developing, expanding, and improving inclusive higher education options for people with an intellectual disability. With a commitment to equity and excellence, Think College supports evidence-based and student centered research and practice by generating and sharing knowledge, guiding institutional change, informing public policy, and engaging with students, professionals and families.

YOUTH POWER!
www.youthpowermy.org
 YOUTH POWER! is the New York State network of young people who have been labeled and are seeking change. Through peer-to-peer mentoring, they empower young people to be active citizens, aware of government operations, their rights and the ability to use their voices to influence policies, practices, regulation and law. They are young people helping other people, ensuring availability of self-help and peer support while changing systems so that young people get the support they need with the respect and dignity they deserve.



ARISE – Quick Guide Definitions

Quick Guide Definitions

Advocacy/Legal

Representation in accessing benefits, services and programs to which a person may be entitled.

Assistive Technology

Includes adaptive aids, controls, appliances or supplies, such as computers, switches, utensils.

Benefits Counseling

Advice regarding eligibility of various forms of financial assistance (i.e. SSI, SSDI).

Community Hab

A service delivered to Medicaid Waiver participants designed to enhance community living and social independence. Services may include daily living skills training, recreation programming etc.

Education and Training

May provide education on various disabilities and other topics of interest as well as offer classes to learn new skills (i.e. computer programming).

Employment Services

Different agencies offer different types and levels of support; ranging from financial (i.e. provide funding to attend college or learn a trade) to providing job coaches. Call specific agency for further information.

Futures Planning/Guardianship

Assistance in determining how to arrange a special needs trust and/or guardianship paperwork for students with disabilities.

Hearing and Vision

Provides programs and services for individuals with hearing and vision disabilities including evaluations, sign language interpreters, peer support and employment.

Home and Environmental Modifications

Evaluations, changes to home, school or work place which increase independence and accessibility (i.e. adding a ramp to side door for wheelchair accessibility).

Housing Options

Certified Homes are typically homes or programs operated by an agency that NYS OPWDD oversees:

Family Care Program certified providers are homeowners with specialized training who receive a monthly stipend to support individuals with disabilities to live with them.

Individualized Residential Alternatives (IRA) range from living with a group of people to living in an independent home certified for just one person. Usually provides 24 hour support but can be set up for lesser support needs.

Intermediate Care Facilities (ICF) are designed for individuals with higher levels of support needs with clinical services built into staffing component.

Supervised Apartments are usually for two to four people with 24 hour support on-site. Includes sleep-over staff.

Supportive Apartments are for those who can live fairly independently with minimal staff support (not to exceed 20 hours per week).

Non-Certified Housing is an Alternative living arrangements in private homes or apartments either rented or owned by the person with the disability or their family. Individuals may choose to live independently or with others, and have support services as needed.

Mental Health Services

Includes psychiatric evaluations, medications, crisis management and mental health therapy (counseling) by licensed counselor. In addition, it can include various types of support groups (i.e. monthly meetings for individuals with ADHD, or daily meetings for recovering alcoholics).

Recreation/Leisure

Agency may provide various recreation and leisure programs, such as seasonal activities (skiing, hiking), shopping, playing sports, etc.

Respite

Services that provide families of people with disabilities temporary relief from caregiving responsibilities.

Service Coordination (Medicaid Service Coordinators-MSCs)

Professionals who help people with disabilities develop a plan and access needed supports, services and desired activities.

Therapy-PT/OT/SP

Agency may provide physical therapy (PT), occupational therapy (OT) and/or speech and language (SP) services as well as other therapy-related interventions.

Transportation

May provide direct and/or indirect transportation services. Assist with instruction and support to individuals on how to navigate the public transportation system (i.e. Centro Bus).

Vocational Assessment

Evaluations regarding strengths and interests which help people set employment goals and determine which careers match an individual's skills and interests. Not to be confused with a Functional Vocational Evaluation which is a ten day assessment in a simulated or real work environment derived to assess skills that individual can achieve in that setting (also referred to as a situational assessment).



	Address	Advocacy	Assistive Technology	Benefits Advise ment	Community Hab	Education/ Training	Employment	Futures Planning/ Guardianship	Hearing and Vision	Home and Environmental Modifications	Housing Options	Mental Health Services (counseling)	Recreation/ Leisure	Respite	Service Coordination	Therapy- PT/OT/SP	Transportation	Vocational Assessment
ACCES-VR www.acces.nysed.gov 315.428.4179	333 East Washington Street Suite 230 Syracuse, NY 13202-9952		✓	✓		✓	✓		✓	✓							✓	✓
Access CNY www.accesscny.org 315.455.7591	1603 Court Street Syracuse, NY 13208	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓		✓	✓	✓	✓
Advocates, Inc. www.advocatesincorporated.org 315.469.9931	Advocacy Center West: 636 Old Liverpool Road Liverpool, NY 13088 Advocacy Center East: 300 South Manlius Street Fayetteville, NY 13066	✓	✓			✓				✓			✓	✓	✓			
ARC of Onondaga www.arcon.org 315.476.7441	600 South Wilbur Avenue Syracuse, New York 13204				✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
ARISE www.ariseinc.org 315.472.3171	635 James Street Syracuse, NY 13203	✓		✓	✓	✓	✓			✓	✓	✓	✓	✓	✓			✓
Aurora of CNY www.auroraofcny.org 315.422.7263	518 James Street #100 Syracuse, NY 13203	✓	✓			✓	✓		✓	✓			✓				✓	
BOCES OCM www.ocmboces.org 315.433.2635	6820 Thompson Road Syracuse, NY 13211		✓			✓												
Catholic Charities www.ccoaus 315.424.1800; Mental Health: 315.424.1840	1654 West Onondaga Street Syracuse, NY 13204										✓	✓	✓	✓	✓			
Cayuga Centers www.cayugacenters.org 315.253.5383	2507 James Street Suite 204/205 Syracuse, NY 13206				✓									✓	✓			
Centro Call-A-Bus www.centro.org/callabus.aspx 315.442.3434	200 Cortland Avenue Syracuse, NY 13205																✓	
Circare www.cir.care 315.472.7363	620 Erie Boulevard West Suite 320 Syracuse, NY 13057			✓			✓					✓						✓
CNY Services www.cnyservices.org 315.478.2453	518 James Street Syracuse, NY 13203	✓		✓			✓				✓	✓			✓			✓
CNY Works http://www.cnyworks.com/ 315.473.8250	960 James Street 1st Floor Syracuse, NY 13203			✓		✓	✓											✓
Community Options www.comop.org 315.431.9859	216 West Manlius Street East Syracuse, NY 13057						✓				✓		✓		✓			
Contact Community Services www.contactsyracuse.org 315.251.1400	6311 Court Street Road East Syracuse, NY 13057					✓					✓							
Department of Labor (NYS) www.labor.ny.gov 315.473.8250	960 James Street Syracuse, New York 13203						✓											
Department of Social Services Medicaid Office www.ongov.net/dss/index.html 315.435.2928	John H. Mulroy Civic Center 421 Montgomery Street Syracuse, NY 13202			✓													✓	
Disability Rights NY www.dmy.org 518.432.7861; TTY: 518.512.3448; Toll Free: 800.993.8982	44 Exchange Boulevard Suite 110 Rochester, NY 14614	✓																
Elmcrest http://www.elmcrest.org/programs-and-services/children-with-development-al-disabilities/ 315.446.6250	960 Salt Springs Road Syracuse, NY 13224	✓	✓		✓					✓	✓		✓	✓				
Epilepsy Pralid www.epiny.org 315.477.9777	1065 James Street Suite 220 Syracuse, NY 13203	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓		✓	✓		
Exceptional Family Resources www.contactefr.org 315.478.1462	1820 Lemoyne Avenue Syracuse, NY 13208	✓		✓	✓	✓	✓	✓					✓	✓	✓			
H.O.M.E. Inc. www.homeincny.org 315.472.5110	831 James Street Syracuse, NY 13202				✓						✓		✓		✓			

Community Care Hub Case Manager

POSITION FUNCTION:

As a member of Onondaga Community College's Community Care Hub (CCH) team, the Case Manager (CM) will work to address the comprehensive non-academic needs of our students that may impede their ability to be successful and complete their degree. The CM will provide direct assistance to a caseload of students and serve as the primary coordinator of the student intake process, including appropriately categorizing and referring students based on their identified needs. The ability to positively interface and collaborate with campus-based and community resources will be integral to the position and the CCH's ability to meet our students' needs most effectively.

The case manager supports students and their families to manage crises, life traumas, and other concerns or barriers that impede success. This is a specialized position which blends collaboration and consultation with colleagues in the schools/colleges, service and care providers both on and off campus, as well as other support resources with functions of non-clinical student consultation, program coordination of student referrals, systems development for reporting and maintenance of student cases, and leadership in addressing factors which contribute to student attrition and improve student success.

The case manager will work to address the needs of students struggling to manage housing and/or food insecurity, legal concerns, financial instability, transportation challenges, access to medical insurance and care, family care, and other non-academic needs through a variety of interventions, referrals, and follow-up services. The Case Manager will respond to daily case management functions including but not limited to: student emergencies; consults with campus and community members and agencies; and parent/student inquiries and concerns.

Community Care Hub Case Manager

MAJOR RESPONSIBILITIES:

- Provide Case Management services by meeting goals and objectives consistent with grant deliverables.
- Conduct initial student assessments, including the identification of assets and barriers to success.
- Make referrals and facilitate linkages to on-campus and community-based resources and agencies.
- Participate in staff development trainings and weekly meetings.
- Complete all required forms, case notes, data collection and record activities necessary for effective case management and project accountability and reporting.
- Collaborate closely with the CCH team.
- Perform other duties as assigned by supervisor.

Community Care Hub Case Manager

MINIMUM QUALIFICATIONS:

- Master's degree in Social Work, Counseling, or Higher Education Counseling with 3-5 years' experience, preferably in a higher education setting. Prior work experience in case management required.

PREFERRED QUALIFICATIONS:

- Professional experience with youth and families involved with the child welfare, social service, mental health, and/or a juvenile justice system.

Community Care Hub Case Manager

KNOWLEDGE, SKILLS AND ABILITIES

- Ability to develop and maintain professional working relationships across campus and throughout the Syracuse community.
- Experience with navigating complex systems either personally or through work experience.
- Ability to communicate effectively and appropriately while maintaining positive relationships with supervisors, stakeholders, peers, youth, and families.
- Experience in case management, reporting, and electronic record keeping.
- Experience in and knowledge of social services and the associated policies and protocol within the system.
- Experience working with diverse populations.
- Familiarity with local and state laws as they pertain to services and assistance for impoverished populations.
- Ability to articulate an understanding at risk populations and the service needs associate with their success.
- The ability to engage individuals who are in crisis and develop trust and connection.
- The ability to manage and prioritize one's own day to day work requirements in a fast paced environment.
- The ability to use independent judgment, critical thinking, and active listening to identify complex problems, evaluate options, and implement solutions.
- Excellent writing and communication skills.
- Valid Driver's License and access to an automobile.

OPC Strategies: Family Engagement

OPC Strategies: Family Engagement

- Local Family Advocacy Organizations
- Special Education Parent Teacher Associations
- OPC Scholars
- OPC Parent / Family Newsletter
- OAR Family Survey of OPC Students

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Office of Accessibility Resources Onondaga Pathways to Careers Family Questionnaire

1. How is your student adjusting this semester?
2. Is your son or daughter living at home or on campus?
3. Does your college student drive?
If commuting, how do they travel to campus?
Car Public Transit/Bus Other:
4. Does your son or daughter take medication?
5. Can they take it independently?
6. Has your family reviewed the College's FERPA form?
7. Is your son or daughter registered with ACCES-VR?
8. Concerns?
9. Are there additional services that could benefit your student?
10. Please rank your student:
Self-Advocacy Skills
Study Skills
Stress Management Ability
11. Where do you see your son or daughter in 3-5 years?

Georgia's E3 Approach: Family Engagement

GA's E3 Approach: Family Engagement

Hire Transition Partners:

- Transition Partners work in school districts as part of the E3 project for Georgia Vocational Rehabilitation Agency (GVRA). Transition Partners:
 - work to build relationships and improve the transitions process and employment outcomes for youth and young adults;
 - work to build a strong relationship with school personnel; empower the family to be informed, self-sufficient, and resourceful;
 - and practice effective listening skills and provides responses and options that are family-centered and culturally competent to help meet the needs of the child and family.

Partner's Parent Engagement Plan

Outreach

- Distribute introductory/promotional materials to families/professionals during open house and other scheduled E3 events.
 - Parents who provide info at sign in will receive call back and/or to be added to mail list.
- Set up meetings to introduce and distribute promotional materials to school staff and VR staff. Distribute P2P referral form to be used by GVRA staff and school staff.
 - Referrals will be contacted within 3 days and will be offered/mailed P2P transition packet.)
- Attend various community activities that attract parents and distribute P2P promotional materials. (brochures, magnets, pens, post-its, etc.)
 - Parents who provide info on sign in sheet will receive call back and/or to be added to mailing list, as indicated.
- Create a schedule of upcoming events in each district to be shared with families through Facebook postings, email blasts, and P2P website.
- Gather contact information on potential providers in the community to be added to our online searchable database.

Partner's Parent Engagement Plan

One-on-One Consultation/Support

- Utilization of P2P database to search for local providers/professionals.
 - Provide training to VR staff on “how to use the database”
- Use and promotion of the Roadmap to Success as a resource for families
- Provision of vetted reading and resource materials through P2P Virtual Library
- Provision of technical assistance and real-time advice

Connecting Families

- Recruit and match to trained Supporting Parents who can share experiences.
- Create and/or support local or topical Support Groups
- Link families to online sources of support (i.e., Facebook groups)
- Collaborate with district Parent Mentors to support families; sharing referrals, as appropriate.

Partner's Parent Engagement Plan

Coordination of Training and Education Sessions

- Provide P2P Trainings on a variety of topics including transition specific topics.
 - Coordinate one training on Transition to Healthcare with parents. Coordinate one training on Now/Comp Waiver.
 - Coordinate at least 1 additional training on a transition topic.
- Promote live and archived webinars on variety of topics
 - Facilitate 1 live webinar on Benefits Navigation (to be archived)
- Community Resource Sessions for families introducing them to resources, providers and information to assist them with transition (i.e., Medicaid waivers, SSI, housing options, transportation options and job programs)
 - Coordinate Community Resource Session

Questions / Discussion

New Members & Resources Are Welcome!

- Please send Meera (madya@syr.edu) recommendations for additional members, especially students and employers.
- Please connect us to any people we should be including in the project.
- Please send us (or point Meera in the direction of) any resources you have or know about that you think we should use.

Next Meeting: Date & Topic

- Our meeting schedule will be every 2 months, the 4th Thursday of the month, from 12:00-1:00 EST.
 - So, our next meeting is February April 27th, 2017, Noon EST
- Topics to be addressed?